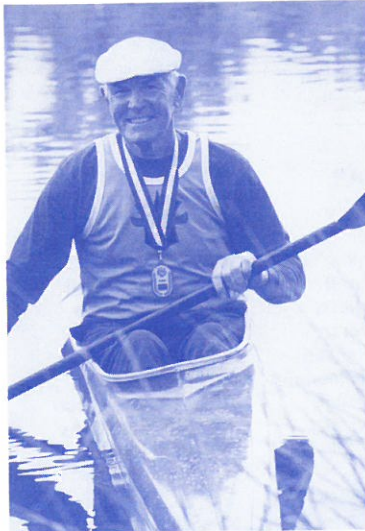


ARLINGTON SPORTS HALL OF FAME INDUCTEE - MAY 28, 2003



Frank Havens and his wife Katie are currently residents of Harborton on Virginia's eastern shore. However, Frank was reared in Arlington, Virginia, where he attended elementary school through high school and is a 1943 graduate of Washington-Lee High School.

Frank was an outstanding athlete at W-L, played football there and later went on to play football at the University of Maryland. It was while at Maryland that Frank decided to concentrate his efforts to the sport of canoeing. Canoeing was in his blood. He was born to the sport since his father Bill and uncle Bud were former national champions and world renowned rowers and canoeists. His father Bill, probably the best

U.S. oarsman at the time, was a member of the Yale crew, chosen to represent the U.S. at the 1924 Olympics in Paris. Instead of going to Paris he decided to remain home to await the imminent birth of his son Frank. Replaced on the crew by an alternate, the U.S. team rowed to an Olympic Gold Medal. Frank was born August 1, 1924, shortly after the Olympic's closing ceremonies.

Canoeing for almost 70 years, Frank began paddling at the age of eight on the Potomac River. He went on to achieve great fame, becoming a national champion (7 times) 1950-52, 1954, 1956-57, and 1961., and an international, world, and Olympic champion in the sport. His older brother Bill, Jr. was national canoeing champion in 1947.

Frank has participated in four Olympics, 1948 through 1960, and won a Silver Medal in 1948 (London) and a Gold Medal in 1952 (Helsinki). His first place finish in 1952 set a world record for the 10,000-meter Canadian single-blade race in 57 minutes and 41 seconds. He is the only American Olympic gold medal winner-to-date in a singles canoeing event. Following his gold medal win, Frank sent a telegram to his dad, stating that he was bringing home the gold medal his dad would have won had he chosen to go to the Paris Olympics 28 years earlier.

Frank still works at the sport daily and races in competition annually. In July 2002, Frank captured six gold medals racing in his age group at the U.S. Masters National Championships held at Lake Lanier, Gainesville, Georgia.

Frank was inducted into the Virginia Sports Hall of Fame in 1995, and is one of CNNSI.com's top-50 Virginia athletes of the 20th century.